**Workshop Participant Demographics**

**1. What is your gender?**

* Female
* Male
* Not listed

**2. What is your age?**

* Less than 20
* 20-39
* 40-64
* 65-74
* 75+

**3. Who are you caring for?**

* Spouse/significant other
* Parent/Parent-in-law
* Friend/neighbor
* Other: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**4. What is the reason you are caring for them?**

* Memory impairment/Dementia
* Chronic Illness other than memory

**5. How many hours do you spend in an average week providing care?**

* 1-8hrs
* 9-20hrs
* 21-40hrs
* 41+hrs

**5. How long have you been provided care for this person?**

* Less than 1 year
* 1-4yrs
* 5-9yrs
* 10+yrs

**6. Are you the primary caregiver?**

* Yes, I am the sole caregiver and make the health care decisions
* Yes, I provide most of the care and make health care decisions, others also assist me in the care
* No, I provide most of the care, I do not make health care decisions
* No, I am part of a group that equally provides care to another person
* No, I help out, but another caregiver provides a majority of the care needed

**Workshop Participant Survey**

Q1 Overall, I found this workshop to be helpful.

Strongly agree

Agree

Neither agree nor disagree

Disagree

Strongly Disagree

Q2 How would you rate the over content of the workshop?

Excellent

Good

Fair

Poor

Q3 I plan to use the skills taught in this workshop.

Strongly agree

Agree

Neither agree nor disagree

Disagree

Strongly Disagree

Q4 I will recommend this workshop to others.

Strongly agree

Agree

Neither agree nor disagree

Disagree

Strongly Disagree